

JOE 2019 Information Packet for **McDade Trail Bike Ride - Northern**

Day: Saturday	Start Time: 8:20 am	End Time: 4:30 pm
Co-Leader: Bonnie Proch	Co-Leader: Norm Abrams	Limit: 8 Bike Rentals / Car space
Transportation: Personal Cars and Cargo Van	Driver(s): Susan Allen - Car Bonnie Proch - Car Brian Horowitz - Cargo Van	Radios: 4 / First Aid Kit: 1
Fees: \$47 Bike rental / Free Personal Bikes	Travel Distance: 22 Miles	Travel Time: 35 Min

McDade Trail Bike Ride - Northern

We will ride 21 miles at a slow pace between Bushkill Boat Access and [Action Bikes and Outdoor](#) in Milford mostly on the McDade Trail, which is a mixture of crushed stone and grass surface. The trail is NOT flat. There will be some challenging climbs and steep downhill the second half of your ride. There are at least five peaks of 100 feet elevation or less to go over (each). There will be a three-mile section of the ride that will end up on Rt. 209 with wide shoulders to avoid part of the trail that is not for bikes.

There will be an early out at Dingmans Access for those who want a shorter ride. The trail between Bushkill and Dingmans is mostly a flat 11-mile ride. You may end up waiting for the rest of the group to arrive in Milford before heading back to camp. There is plenty to do and see in Milford to spend the time waiting.

McDade Trail is a 32-mile-long multi-use trail between Milford Beach and Hialeah Trailhead in the Delaware Water Gap National Recreation Area. The trail provides views of the river, charming streams, open farm fields, forests, and historic landscapes. Spotting a Bald Eagle, a Black Bear, White-Tailed Deer, and Wild Turkey is not uncommon. Several miles of the trail are dominated by the river to the east and the cliffs to the west, with the trail and US 209 squeezed between in places. McDade Trail has a crushed stone surface that is NOT a flat rail-trail, but an actual bike trail. Expect a good workout going up the hills and a nice breeze on the downhill. Hybrids, adventure bikes (cyclocross, gravel, etc.) and mountain bikes are ideal for this type of trail. Most of the ride will be on the secluded bike path, but there will be a two-mile section we will be on country car road.

Rentals are available from [Action Bikes and Outdoor](#). Contact leader for details if you plan to rent.

Anyone bringing a personal bike will drive their personal bike to the trailhead. You may be asked to take passengers.

After the ride, we will spend some time exploring [Milford PA](#)

- Bring Hybrid or Mountain Bike, Helmet (required to wear), spare tire with pump and/or CO², water, food, bike gloves, bike lock and change of clothing for after the ride (leave in car).
- Pack lunch at breakfast to bring with you. Snack bars for the trail would be a good thing.
- Cost of rentals: \$47 (includes ½ day Bike rental, Helmet, Delivery of bike, MOCA Credit Card Fees)
- Limit 8 Bike Rentals / 15 people
- Private Bikes must supply their own transport
- Distance: 22 Miles / 35 Min to start

Weather Forecasts

[At the northern end of the park: Milford, PA Forecast](#)

[In the middle of the park: Bushkill, PA Forecast](#)

Leader Notes:

- **THERE IS NO CELL SERVICE FOR MOST OF the BIKE RIDE. IT IS A DEAD ZONE. BRING RADIOS**
- **Turn phones to airplane mode during the ride, so you do not drain the battery. Then turn them back on in Milford.**
- There is a \$10 per car parking fee for Bushkill Access, Dingmans Access, and Milford Beach areas. ONLY PAY the fee if you are staying. You do not need to pay if you are only dropping off and leaving. Keep the receipt for reimbursement.
- Hand out a copy of the bike map how to get from Milford Beach to Action Bikes and Outdoor to everyone so they will know how to get there at the end of the ride.
- Do a circle talk once everyone has gear/equipment is all set and before heading on your ride. Discuss the logistics, so everyone understands who is doing what.
- Plan to stop at Dingmans Campgrounds for bathrooms and water stop. And to regroup. See who to do an early out at Dingmans Access and who will go the distance. Make sure everyone understands who is responsible for getting people home. Make sure there is an appointed leader for the group splitting off.

Logistics

- 8:00 am Brian and one other person will ride in Susan's Car to U-Haul.
 - Brian will pick up U-Haul Cargo Van and drive with one other person to Action Bikes and Outdoor
 - Susan will return to camp to pick-up four other people
- 8:30 am Depart from camp
 - Two cars with ten people
- 8:30 am – 8:45 am Travel to Action Bikes and Outdoor, 611 Broad St, Milford, PA 18337
- 8:45 am – 9:30 am Get bikes adjusted for everyone renting and load bikes into U-Haul Cargo Van
- 9:30 am – 10:00 am Travel from camp to Bushkill Boat Access.
- 10:00 am – 10:15 am Gear up on Bikes and prepare for ride
- 10:15 am – 1:30 pm Bike 22 Miles from Bushkill Boat Access to Milford Beach.
 - See information on next page for people who to ride only 11 miles early out at Dingmans Boat Access.

Drivers only of Personal Bikes:

- 1:30 pm – 1:40 meet the River Runner Pony Bus at the Milford Beach Boat Access point.
- 1:40 pm – 2:25 pm Ride River Runner Pony Bus to Bushkill Boat Access (with four bikes on the rack and two bikes inside bus max)
- 2:25 pm – 3:00 pm Load Bikes back in cars. Drive cars to Milford to pick up renters and non-driving personal bikers
- 3:00 pm – 4:00 pm Wander around the town of Milford. Lunch. Meetup with the rest of the group via cell phone.
- Sometime between 3:00 pm ~ 4:00 pm Load rest of bikes and people into cars.
- Sometime between 3:30 pm – 4:30 pm Travel back to camp.
- Plan to be back in camp by 4:30 at the latest. It is a 10-15 min drive back to camp.

People who rented bikes and personal bikers that did not drive:

- 1:30 – 2:00 pm Return bike to [Action Bikes and Outdoor](#) @ 611 Broad Street, Milford PA. (Rental price is for four hours (9:15 am -2:15 pm). You can hold on the bike for longer for extra \$22 for full day rental payable directly to the vendor)
- 1:30 pm ~ 3:00 pm walk the town of Milford. Enjoy lunch. There is plenty of fun shops to check out. Meetup with drivers of the cars via cell phone.
- Sometime between 3:30 pm – 4:30 pm Travel back to camp.
- Plan to be back in camp by 4:30 at the latest. It is a 10-15 min drive back to camp.

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For people who want to ride only 11 miles and early out at Dingmans Boat Access.

During the ride, you will pass by Dingmans Campground. The next major road crossing is at the intersection with a light. This will be Rt. 739.

- Turn right on Rt. 739 towards NJ.
- Go ½ mile to find the parking lot for Dingmans Boat Access on your right. Do NOT cross the bridge into NJ.
- See the schedule below about when the River Runner Pony Bus (with four bikes on the outside rack and two bikes inside bus max) will stop for pickup. Make sure to be ready at least 15 minutes before scheduled pickup.
 - **Passengers:** Take the River Runner Pony Bus North towards Milford.
 - Get off at the last stop at Milford Beach. Bike up the hill to the town of Milford. Return your rental bike to the outfitter.
 - You can keep the bike for the ½ day bike rental, or you can hold on the bike for longer for an extra \$22 for full day rental payable directly to the vendor.
 - Wait for the rest of the group to arrive to return to camp.
 - **Car Drivers:** Take River Runner Pony Bus South towards Bushkill Access.
 - Drive cars to Milford to pick up renters and non-driving personal bikers
 - Or back to camp if you are not needed for transportation for anyone else. Make sure to discuss this before splitting up the group.

Vendor: Action Bikes and Outdoor @ 611 Broad St, Milford, PA 18337 | 570-296-4009 | <http://www.actionbikesandoutdoor.com/>

TC Crawford is the Owner

[Map of Milford](#) with links and descriptions of to the business in town.

U-Haul Order Summary

Equipment: Cargo Van

Reservation Number: 25036485

Pick Up Location: Community Self Storage Inc SL

115 Steele Ln, Milford, PA 18337

Date & Time: Saturday, August 31, 2019 at 9:00 AM

Rental Period: 4 hours

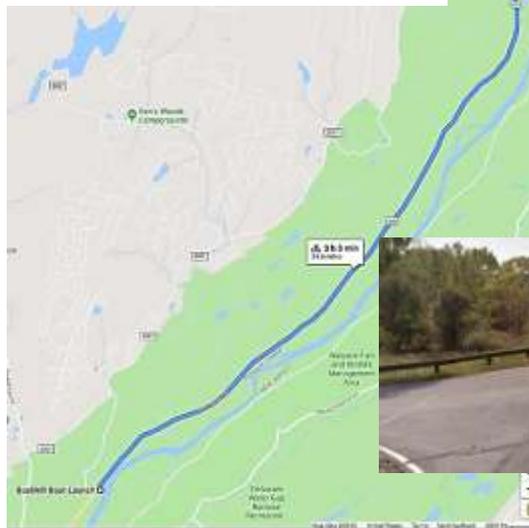
Truck Type: 9' Cargo Van

Driving Directions from Camp to Bushkill Boat Access

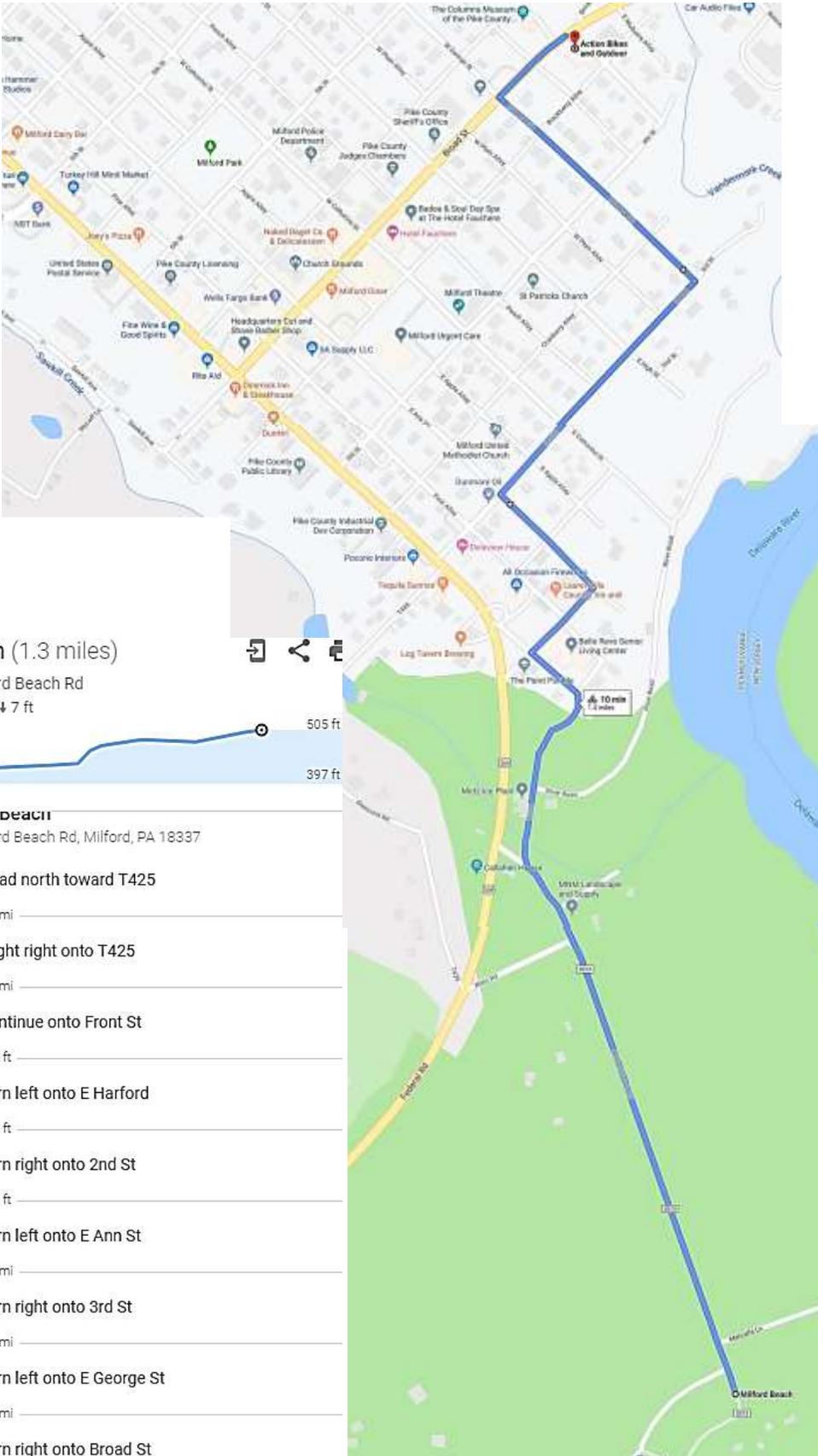
- **Cedar Lake Camp:** 570 Sawkill Rd, Milford, PA 18337 (41°20'48.1"N 74°53'21.3"W / 41.346684, -74.889237)
- **Milford Beach:** 150 Milford Beach Rd, Milford, PA 18337 (41°18'31.8"N 74°47'53.2"W / 41.308829, -74.798099)
- **Bushkill Boat Launch:** Lehman Township, PA 18324 (41°06'25.3"N 74°59'02.9"W / 41.107038, -74.984140)
- **Dingmans Ferry Access Boat Ramp and Parking:** Rt. 739, Dingmans Ferry, PA
 - ½ east of the corner of Rt. 739 and Rt. 209 (Federal Road)
 - GPS 41°13'09.3"N 74°51'37.9"W / 41.219235, -74.860527
- **Action Bikes and Outdoor:** 611 Broad St, Milford, PA 18337 | 570-296-4009

34MIN 23.9MI

1. Head out of camp and turn left out of driveway northwest on Sawkill Rd toward Bridge Rd.
 - a. Then 0.21 miles 0.21 total miles
2. Take the 1st right onto Bridge Rd.
 - a. **DO NOT TRY TO TURN RIGHT ONTO RT. 6 DIRECTLY FROM SAWKILL ROAD. VERY DANGEROUS.**
 - b. Then 0.16 miles 0.37 total miles
3. Turn right onto US-6 E. Continue to follow US-6 E.
 - a. Then 4.88 miles 5.25 total miles
 - b. Rt. 6 will go through the town of Milford. On the southern end of town, you will come to THE light of the town. Rt. 209 will come in from the left. Rt.6 Turns left. Stay straight to go south on E Harford St/US-209 S.
 - c. You will pass the bridge to NJ for Highway 206/US-206 N/US-206 S.
4. Follow US-209 through the Delaware Water Gap National Recreation Area.
 - a. Then 17.81 miles 23.83 total miles
5. Turn left onto Bushkill Boat Launch.
 - a. If you reach Broadhead Rd, you've gone about 0.1 miles too far
 - b. Then 0.04 miles 23.87 total miles
6. Look for Vendor with bike rentals.
There is a \$10 per car parking fee.



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10 min (1.3 miles)

via Milford Beach Rd

↑ 115 ft - ↓ 7 ft

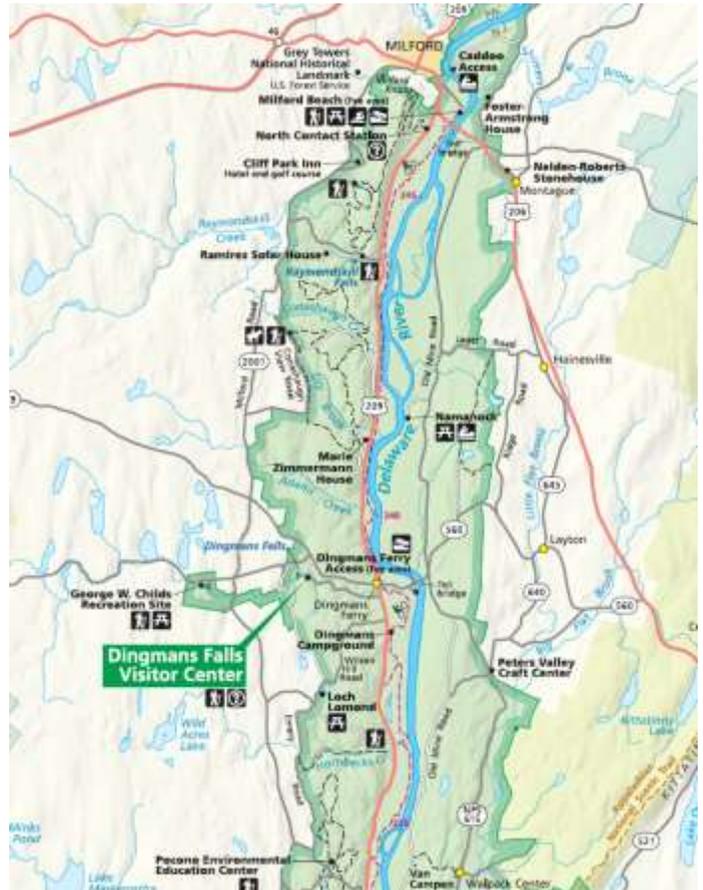
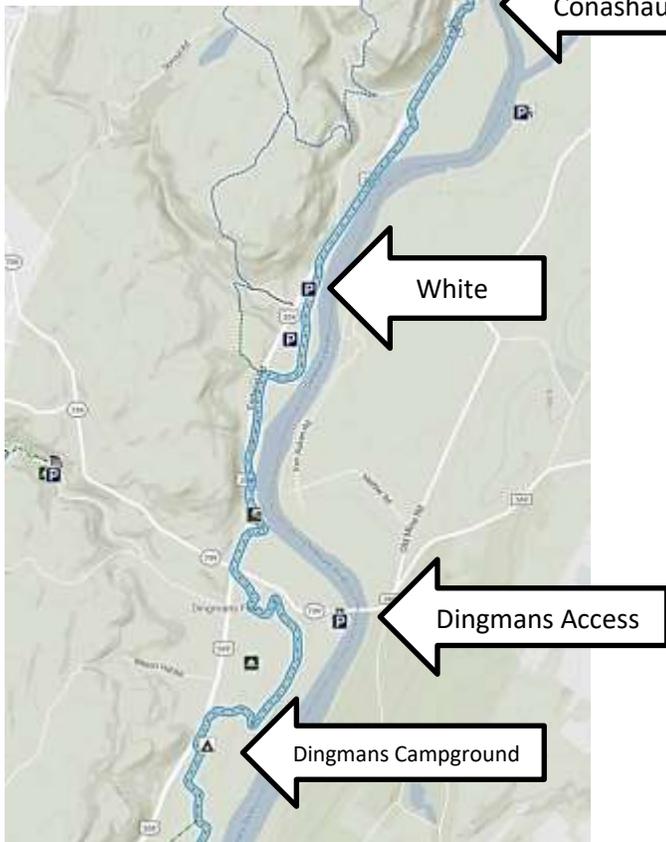
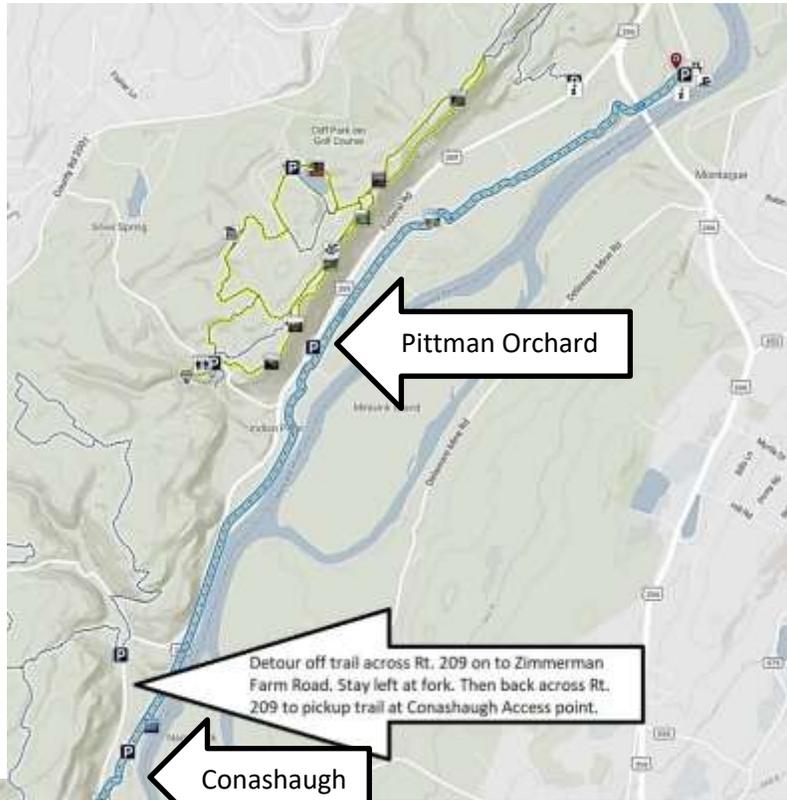


Milford Beach

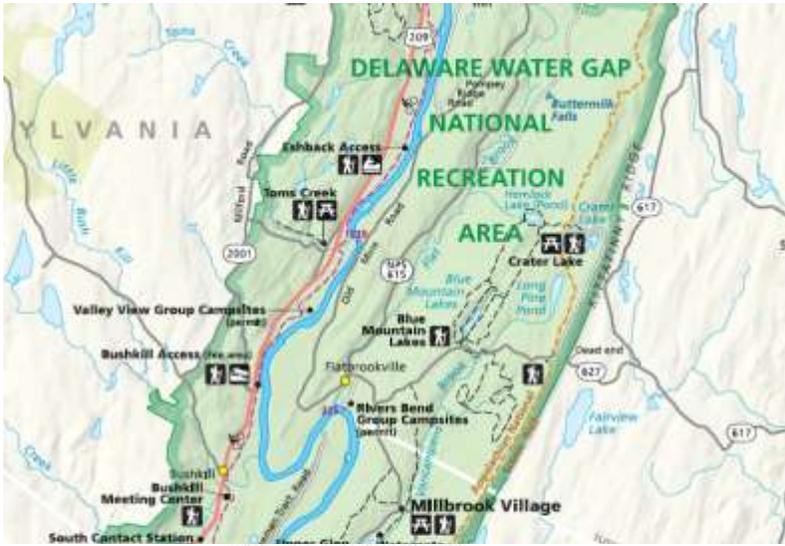
150 Milford Beach Rd, Milford, PA 18337

- ↑ Head north toward T425
0.4 mi
 - ↘ Slight right onto T425
0.1 mi
 - ↑ Continue onto Front St
282 ft
 - ↙ Turn left onto E Harford
256 ft
 - ↘ Turn right onto 2nd St
377 ft
 - ↙ Turn left onto E Ann St
0.1 mi
 - ↘ Turn right onto 3rd St
0.2 mi
 - ↙ Turn left onto E George St
0.2 mi
 - ↘ Turn right onto Broad St
377 ft
- Destination will be on the right

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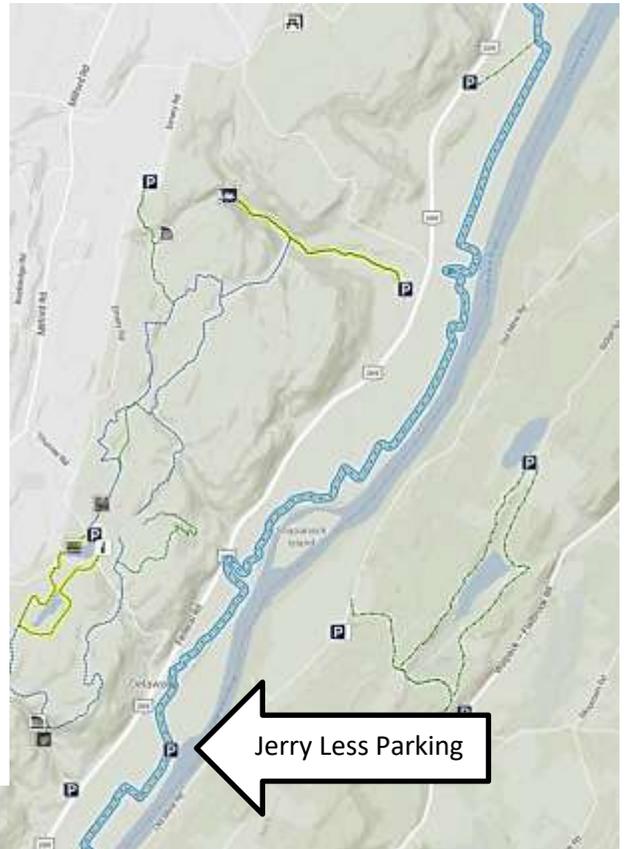


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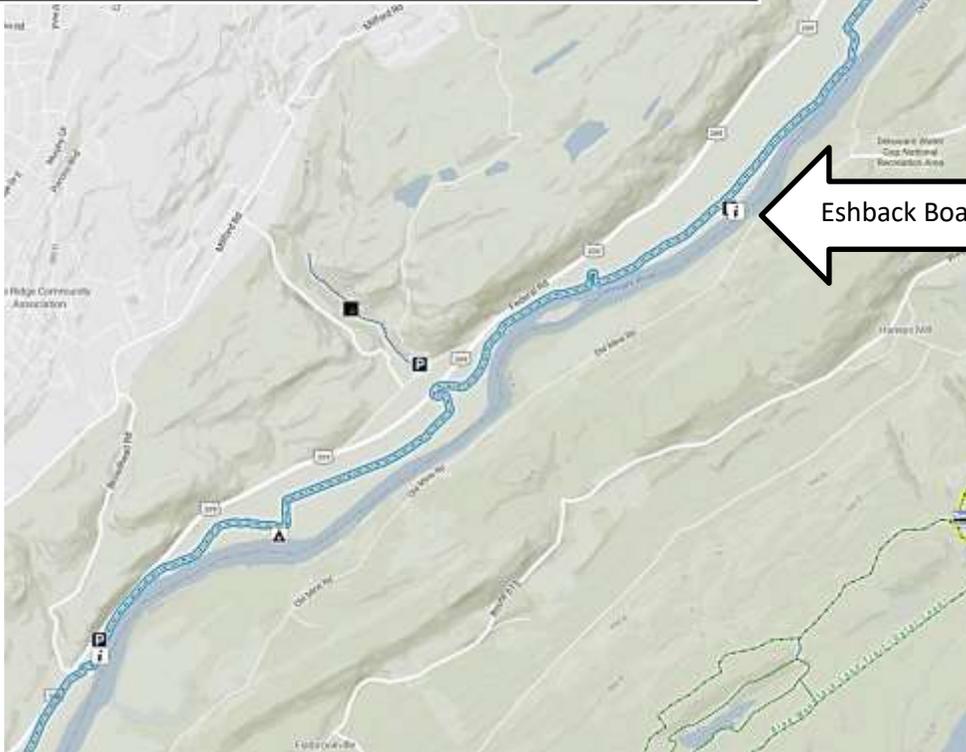


McDade Trail Elevation Profile

Note: The ride will start at Milford Beach (31.60 Miles) and head south to Bushkill Access (10.10 Miles)



Jerry Less Parking



Eshback Boat Lunch

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Trailhead/ Directions	Road Mile *	Trail Mile**	Services
Bushkill Village	US 209 1.4	8.4	parking, restroom
Bushkill Access	US 209 2.7	10.1	FEE AREA , parking, restroom, drinking water, boat & canoe launch
Egypt Mills	US 209 4.5	12.5	parking
Eshback Access	US 209 6.4	14.3	parking, restroom, canoe launch
Jerry Lees	US 209 8.2	16.1	parking
Schneider Farm (spur)	US 209 11.5	21.4	parking
White Pines	US 209 14.5	24.5	parking
Conashaugh	US 209 15.5	26.0	parking
Pittman Orchard	US 209 18.3	28.5	parking
Milford Beach	US 209 20.8	31.0	FEE AREA , parking, restroom, picnic tables, drinking water, boat & canoe launch, swim beach

* Road Mileage begins at the southern park boundary / ** Trail Mileage begins at Hialeah Recreation Site

Distance From	To	Miles	Rating
Bushkill Village	Bushkill Access	1.7	easy
Bushkill Access	Valley View	1.2	easy
Valley View	Egypt Mills	1.2	easy
Egypt Mills	Eshback Access	1.8	easy
Eshback Access	Jerry Lees	1.8	easy
Jerry Lees	Schneider Farm (spur)	5.3	easy
Schneider Farm (spur)	Dingmans Campground	1.1	easy
Dingmans Campground	White Pines	1.5	easy-moderate
White Pines	Conashaugh	1.5	easy-moderate
Conashaugh	Pittman Orchard	2.7	easy-moderate
Pittman Orchard	Milford Beach	2.3	easy-moderate

Biking Safety

Before riding, make sure you, your family, and the bicycles are ready to ride. When riding, always:

- Go with the traffic flow, riding on the right
- Pass on left and give audible sound to alert others of intent
- Obey all traffic laws
- Yield to traffic and pedestrians
- Be predictable, riding in a straight line and signaling moves
- Stay alert at all times.
- Look before turning.
- Walk bicycles on steep hills and stairs.

Wear a Bicycle Helmet

Every person at every age should wear a properly fitting bicycle helmet. AMC/ Mosaic rules are that every person will wear their helmet.

Secure loose clothing

Check clothing, such as shoestrings and pant legs, to ensure they will not become entangled in bicycle gears.

Adjust the Bicycle to Fit

Stand over the bicycle. There should be 1 to 2 inches between the rider and the top tube (bar) if using a road bike and 3 to 4 inches if using a mountain bike. The seat should be level front to back, and the height should be adjusted to allow a slight bend at the knee when the leg is fully extended. The handlebar height should be level with the seat.

Check Your Equipment

Before riding, inflate tires properly and check that the brakes work.

See and Be Seen

Make yourself visible to others. Wear neon/fluorescent vest when riding to be most easily seen. Remember, just because you can see others doesn't mean others can see you.

Control the Bicycle

Ride with two hands on the handlebars, except when signaling a turn: place snacks and other items in a bicycle carrier or backpack.

Watch for and Avoid Hazard

Look for hazards such as potholes, broken glass, gravel, puddles, leaves, and dogs. All these hazards can cause a crash. If you are riding with others and you are in the lead, yell out and point to the hazard to alert the riders behind you.

River Runner: The Pocono Pony Shuttle <https://www.gomcta.com/trip.php>

[Video of the Pocono Pony](#)

Phone App for Bus Schedule: <https://transitapp.com/>

River Runner - North							
Delaware Water Gap Park and Ride to Milford Beach: Saturday, Sunday and Holidays							
Bushkill Access	8:50 AM	9:50 AM	10:50 AM	11:40 AM	12:40 PM	1:40 PM	3:50 PM
Dingmans Access	9:20 AM	10:20 AM	11:20 AM	12:10 PM	1:10 PM	2:10 PM	4:20 PM
Milford Beach	9:40 AM	10:40 AM	11:40 AM	12:40 PM	1:30 PM	2:40 PM	4:40 PM

River Runner - South							
Milford Beach to Delaware Water Gap Park and Ride: Saturday, Sunday and Holidays							
Milford Beach	9:50 AM	10:50 AM	11:50 AM	12:40 PM	1:40 PM	2:40 PM	4:50 PM
Dingmans Access	10:15 AM	11:15 AM	12:15 PM	1:05 PM	2:05 PM	3:05 PM	5:15 PM
Bushkill Access	10:35 AM	11:35 AM	11:35 AM	1:25 PM	2:25 PM	3:25 PM	5:35 PM

How to Ride

The River Runner is free to board. Pick the location you'd like to board and your destination using the schedule or [map](#).

Be at the stop about 5 to 10 minutes before the bus is scheduled to arrive, with your gear ready to load. MCTA can transport bicycles, canoes, kayaks, children (who may be properly behaved), and dogs (who are properly behaved). Passengers are required to load and secure their belongings, MCTA operators will check the equipment to ensure it is properly stowed.

Putting equipment on the trailer takes some time. There will be times the bus is late. We apologize in advance, but please be aware that this may happen.

Do I need to bring my own tie down straps? No, MCTA provides the straps. You secure your bike using the provided tie-down straps. The bus operator will assist you and inspect (and fix, if necessary) before pulling away.

About the Program

MCTA has been partnering with the Delaware Water Gap National Recreation Area for the past nine years to provide free public bus service along the Pennsylvania side of the river. The River Runner is a free weekend shuttle with the boat and bicycle portage between Memorial Day and Labor Day from Stroudsburg, PA area to Milford, PA and back.

Milford

Milford Borough was incorporated on December 5, 1874, having been previously part of Milford Township. Settlers and Native Americans who lived here enjoyed the blessings of rich forests, beautiful lakes, and the fresh waters of the Delaware River and the streams that feed into it. We invite you to do the same.

The village was laid out by John Biddis in 1796, naming the streets after his children and family, and the lanes after his favorite fruits and berries. Judge Biddis took his inspiration from the design of Philadelphia, the nation's first capital. Some say the name Milford came from Milford Haven in Wales, where John Biddis' father William was born. Others say the Wells' mill and the spot where Delaware was forded resulted in the name Mill-Ford.

Judge John Biddis brought his family from the plague-stricken city of Philadelphia in 1793 to Wells Ferry (as Milford was then called), where he bought a huge tract of land and built a cottage. Immediately, Biddis divided up this land into some 530 lots on streets and service alleys and devised a scheme to market them. He called the village he laid out "Milford." As an enticement to would-be investors, he offered two acres outside of town for every lot purchased in town, and also proposed to erect in his envisioned "future seat of justice" an extensive manufactory for paper and pasteboard on the Sawkill. This plant (located on the site of the current Upper Mill) would become the first in the United States to use the wood pulp in paper manufacture.

In 1795, Biddis returned to Philadelphia, continued inventing, and continued to be connected to Milford both for business, government and family reasons. Although he had no legal education, he was appointed by the governor to be an Associate Judge of the first courts to be held in these parts. Many of his children took up residence here, and their names – Ann, Catharine, Elizabeth, Sarah, George, and John – live on in the names of our streets.

The Milford Enhancement Committee is the present-day embodiment of the historic Village Improvement Association. The MEC has improved street trees, landscaping, street lights, bluestone sidewalks, benches, and overall aesthetic improvements to the town. Nearly \$5.5 million has been invested in enhancing and restoring the street environment of our historic county seat. Also, thousands of hours of time and effort have been donated by individuals, businesses, and Milford Borough employees. Milford is a national model for civic improvement.

[The Columns Museum](#)

This magnificent building in the Historic District of Milford was originally built for Dennis McLaughlin, a Jersey City business mogul. The Columns is a 22-room mansion built in the neoclassical style and is home to the Pike County Historical Society and the Columns Museum. The Columns is home to the Lincoln Flag.

The Lincoln Flag

In 1996, Joseph E. Garrera, current president of the Lincoln Group of New York, an organization dedicated to studying the life and times of Abraham Lincoln, concluded an independent year-long study regarding the authenticity of a bloodstained, 36 star, American flag which played an important role in the events at Ford's Theatre on the night President Lincoln was assassinated in 1865. His findings and conclusions, subsequently published in a 125-page research document, THE LINCOLN FLAG OF THE PIKE COUNTY HISTORICAL SOCIETY, declare the flag "authentic."

Mr. Garrera's research traces the events from that fateful night in 1865 to the present. On April 14, 1865, Thomas Gourlay was the part-time stage manager and an actor at Ford's Theatre in Washington. He was also the father of Jeannie Gourlay who had a lead part in the play, "Our American Cousin," which was presented on stage that night.

After President Lincoln was shot in the back of the head by John Wilkes Booth, those ministering to him noted that Gourlay was present with them in the presidential box. Laura Keene, the star of the evening performance, was also in the box and cradled Lincoln's head in her lap as he lay on the floor, mortally wounded. When doctors laid Lincoln on the floor, so that he could rest more comfortably, Gourlay, according to Garrera's research, "pulled the large flag which had been draped over the balustrade and placed it partially under Lincoln's head."

After Lincoln was moved to Petersen House across the street from the theatre, Gourlay took the flag and kept it. Before his death in the 1880s, he gave it to his daughter, Jeannie Gourlay Struthers. She moved to Milford, in Pike County, Pennsylvania, in 1888. Jeannie Gourlay Struthers then passed on the flag to her only son, V. Paul Struthers. In 1954, Struthers donated the flag to the Pike County Historical Society. He also donated other artifacts from the Civil War era, including clothing that belonged to his famous mother and oral history which provided details of an unbroken chain of family ownership of the flag dating back to April 14, 1865,

Subsequently, the Society has had the blood stains on the flag tested on two occasions. Both times, the tests confirmed that the stains on the flag are human blood. Garrera's research into forensic issues documented the fact that the blood stains are "contact stains," consistent with a bleeding wound coming into direct contact with the flag. His research into other areas – such as the materials used in manufacture of the flag, the chain of custody of the flag, government policies on the use of American flags for ceremonial purposes, the disposition of all of the flags which were in Ford's Theatre on April 14, 1865 – all serve to confirm the authenticity of the "Lincoln flag."

George F. Cahill, CAE, Founder of the Pittsburgh-based National Flag Foundation, stated, "Pike County's flag could become the most revered single flag of our day, similar in importance to Francis Scott Key's 'Star Spangled Banner,' Betsy Ross' creation, and the ensign raised atop Iwo Jima in World War II."

[Google Map Link of Milford](#) / [Touring Milford](#)

Art & Antiques

[The ARtery-Fine Art and Fine Craft Gallery](#) - 210 Broad Street, Forest Hall | 570-409-1234

- Original work from over 20 artists, from traditional to contemporary. Painting, jewelry, enamels, pottery, photography, glass, sculpture, collage, wood, fabrics, brush writing, and more are on display year-round; shows change every four weeks. Since 1999. Open Mon 11-3, Thu-Sun 11-6.

[Artisans Exchange](#) - 219 Broad Street | 570-296-5550

- The Artisan Exchange is a unique store that was created for local & regional artists to have a place to show & sell their 100% handmade American creations.

[Golden Fish Gallery Fine Art & Crafts](#) - 307 Broad Street | 570-296-0413

- Welcome to our eclectic gallery of fine art and unusual crafts. We feature some of Milford's finest artists with a new show every month. Our exclusive collection of locally handcrafted furniture & custom-built lamps is a specialty of our gallery. We also carry pewter and sterling jewelry, metalwork, glass, and pottery.

[Hudson River School Collection](#) - 401 Broad Street, Forest Hall | 570-409-1212

- Listed on the National Register of Historic Buildings, the Hotel Fauchère underwent a remarkable restoration and reopened in 2006. The reception parlor and hallways of the hotel feature a collection of 19th century Hudson River School pictures. Mon-Sun 10-6.

[Karenina's Antiques](#) - 320 Broad Street

- A wide and ever-changing selection of antiques for all needs.

[Makos Photography](#) - 401 Broad Street | 570-409-1212

- Bar Louis features striking contemporary photography by Christopher Makos and Paul Solberg. Above the bar is a large Makos photograph of Andy Warhol kissing John Lennon on the cheek; throughout the restaurant is the work of the Hilton Brothers, a collaboration between Makos and Solbert.

Specialty Eats

[Irene's Kitchen](#) Organic, vegan & natural market. Organic herbs, teas, gluten-free, bath/body care.

[The Dairy Bar](#) - 307 West Harford Street | 570-233-9663

- Ice Cream

[Ghiggeri's Fine Olive Oils & Balsamic](#) - 220 Broad Street | 570-409-4744

Huge variety of olive oils, balsamic vinegar, and pasta, honey, chocolate. Always new items are arriving.

[Log Tavern Brewing Company](#) - 309 East Harford Street | 201-874-4447

- Dedicated to high-quality craft beer brewed with pride in Milford Pennsylvania.

Clothes

[The Craft Show](#) - 120 East Harford Street | 570-296-5662

- Collection of clothing, jewelry, and accessories to rival any metropolitan boutique. Located inside The Craft Show. From petite to plus, fun to formal, for any occasion and any budget.

[Jem Screen Printing & Embroidery](#) - 315 Broad Street | 570-409-3900

- Custom embellished apparel at affordable prices, including Milford's Lakebum brand. Add logos, designs in store or online at the Design Studio. Open 9-5, T-F.

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Jewelry/Gifts

The Craft Show - 120 East Harford | 570-296-5662

- 4000 sq. Ft. historic home turned shopping experience. Handcrafted furniture and carvings, birdhouses, wind chimes, whirligigs, stained glass, pottery, decorative signs, metal stars, garden gnomes, flags, Pocono bears and life-sized cows. Halloween and Christmas all year round. Mon-Sun from 11.

Enchanted Gifts and Books - 107 East Ann Street | 570-832-1750

- Unique shop offering metaphysical items, including crystals, tarot cards, sage, and candles. Classes offered in Tarot, Psychic Development and Meditation.

Earthly Treasures - 149 Sawkill Avenue | 570-851-0070

- A metaphysical shop selling gifts with meaning – jewelry, oils, crystals, and statuary

Golden Gifts Jewelry - 319 Broad Street | 570-296-5388

- A full-service jewelry store with a showroom featuring fine jewelry, engagement rings, silver, and costume fashion jewelry. Authorized retailer of Citizen, Seiko, and Pulsar watches. Repairs, custom pieces, and watch batteries all done on premises. Also purchase gold, silver, platinum, and diamonds.

Websites of interest:

<https://milfordpa.us/about-milford/milford-borough-historic-places/>

<https://www.forbes.com/sites/michaelalpiner/2018/01/05/small-town-travel-find-simplicity-and-surprise-in-milford-pa/#79c2a9d35c5f>

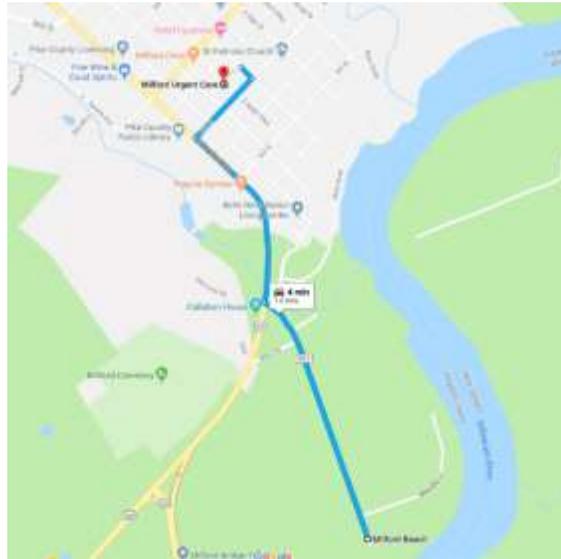
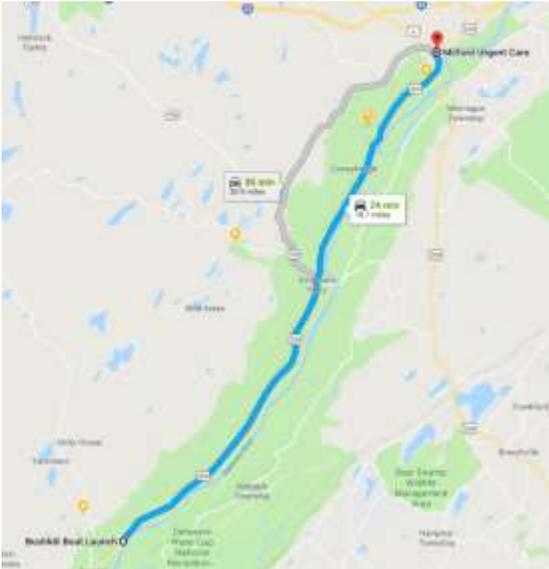
For Emergencies call Delaware Water Gap Park Dispatch at (570) 426-2435 or (800) 543-4295

Milford Urgent Care

Milford Health & Wellness, 111 East Catharine Street, Suite 130, Milford, PA 18337 | 570-409-9700

<https://www.atlantichealth.org/conditions-treatments/urgent-care/milford-urgent-care.html>

Tuesday through Friday, 9:00am to 7:00pm; Saturday, 9:00am to 5:00pm



The Mattioli Emergency Center at Lehigh Valley Hospital-Pocono

206 East Brown Street | East Stroudsburg, PA 18301 | Tel: 570-421-4000

<http://www.poconohealthsystem.org/emergency> Level III Certified Trauma Center

